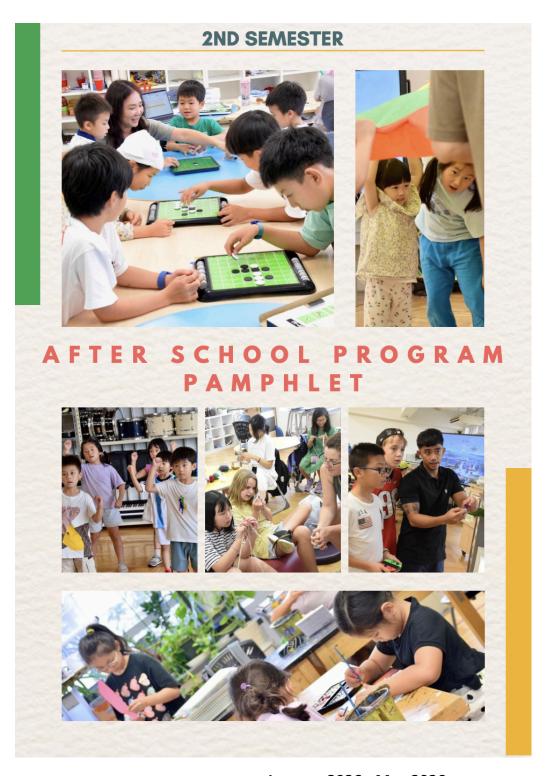


7-5-1 Hikarigaoka Nerima-ku, Tokyo 179-0072 03-4578-8832



January 2026 - May 2026



After-School Program 2025-2026 Information 2025-2026年度ASPプログラムご案内

Semester 2 (January 12th- May 29th)

Our activities offer the chance for our young learners to develop the life skills that align with our core values. As a way to do this, we encourage extracurricular activities after or before school; this is our After-School Program (ASP).

私たちが提供する活動は、アオバのコアバリューに沿って子供達がライフスキルを身につけられるよう考慮されています。そのための一つの手段として、放課後の活動を奨励します。

A-JIS Core Values and our Activities アオバ コアバリューとアクティビティー

Global Leadership: Opportunities to develop responsibility, understand how to be a good leader and also a good supporter; develop commitment and empathy

Entrepreneurship and Innovation: A context in which to apply skills, think differently about what we do, make suggestions, and follow through.

Effective Communication: Further develop English skills and other forms of communication in a variety of contexts

Wise Risk-Taking: Trying new activities and new experiences within those activities **Effective Problem Solving**: Sharing in developing a great activity; considering the issues within our activities.

グローバルリーダーシップ:責任感を育成し、優れたリーダーおよび優れたサポーターになる方法を理解し、コミットメントと共感を育みます。

起業家精神と革新:スキルを応用し、物事について異なる考えを持ち、提案を行い、遂行する状況を作り出します。

効果的なコミュニケーション:さまざまな状況で英語スキルやその他のコミュニケーション形態をさらに発展させます。

賢明なリスクテイク:新しい活動に挑戦し、それらの活動を通して新しい経験を得ます。 効果的な問題解決:優れた活動を共有して開発し、活動中に起こる問題を検討します。

Ken Koshibe - ASP Activities Coordinator ASP コーディネーター 越部 健

E-mail: extension.programs@aobajapan.jp



NO ASP scheduled dates: The following dates are already decided as **NO ASP**. 下記はすでに決まっている本年度のASPを行わない日程です。

Dec.5, Dec.22- Jan.11(Winter Break)
Feb.16-20(Mid winter Break), Feb.23
March 11, March 23-27(Spring Break)
April 18, April 20
May 4-8(Golden Week), May 22(Kinder&Senior Graduation)

Changes with Trial Weeks for ASP

Starting next semester, there will be <u>no trial weeks for the After-School Program</u>. However, students will be allowed to swap to another ASP <u>once per semester, at any time</u>. Please note that cancellations are not allowed, and no refunds will be issued once registration is confirmed.

トライアルウィークについて

今学期より、ASPのトライアル期間は設けません。

ただし、<u>学期中に1回のみ、他のASPへ変更することが可能です</u>(時期は問いません)。 なお、キャンセルはできません。また、お申し込みが確定した後の返金はいたしかねます ので、あらかじめご了承ください。

Application Process

Sign-Up 申込手順

Complete the online ASP 2026 Semester 2 Sign-Up form. サインアップフォームに記入して送ってください。

2nd Semester ASP Registration Form LINK



Billing: ASP費用

One session costs ¥45,000 1セッションにつき4万5千円

Please note that the number of sessions varies depending on the day of the week, but this is due to conflicts with school events. There are no refunds for late applications except for newcomers.

曜日によって回数が違いますが、14-16回を予定しています。学校行事との兼ね合いがありますのでご了承ください。途中入学を除き、遅れての申し込みによる返金はありません。 Note

- The above table lists the Semester 2 activity fee for one day per week per activity, so if you attend three times a week, you need to triple the Term fee listed.
 上記は週1回の場合の費用ですので、もし3回活動すると3倍の費用になります。
- Once paid, there will be no refund. 入金後にキャンセルされても返金はありません。
- Please note that this is a term activity; there isn't a make-up session if you are absent. グループでの活動ですから、欠席でも振替はありません

Invoices will be sent out as they become available. Please note that cancellations after payment will not be refunded.

請求書は順次送付いたします。お支払い後のキャンセルはご返金致しかねますのでご了 承ください。

Participation in MYP Competitive Sports (soccer, futsal, volleyball, basketball) and MYP Performing Arts is free for MYP students. Only special expenses such as transportation to games and tournaments, uniforms, costumes, and facilities costs will be charged. MYPスポーツ(サッカー、フットサル、バスケットボール、パフォーマンス)の費用は、試合や大会に出る際の交通費、ユニフォーム、施設利用料など特別な費用のみご負担いただきます。

Bus/Shuttle after ASP

There is a shuttle bus service to Hikarigaoka Station, 17:00 departure, after the activities. ASPが終わった後のバスは17時発の光が丘駅までのシャトルバスのみとなります。

Registration is needed for K3-G5 students to use the shuttle after ASP.
Please make sure the registered students always use the shuttle.
K3-G5で活動後のシャトルを利用する場合、登録が必要です。登録者は必ず乗車して下さい。

Activities shown may be canceled if there are insufficient sign-ups 上記アクティビティーは必要人数に満たない場合はキャンセルになります。





Activities Description and Instructor Introduction

Earth Explorers (Miraimind)

For Kinder 3 - Grade 1

This program introduces young learners to the powerful and magical forces of nature through play-based discovery. Children will explore rain, wind, volcanoes, rocks, and rainbows using hands-on experiments, art, movement, and imagination. They will learn not just what the Earth is, but how it changes and comes alive!

Builds early scientific thinking through observation, prediction, and simple experimentation Enhances language development using real-world vocabulary (erupt, storm, cycle, lava) Encourages emotional connection to nature and environment Builds fine and gross motor skills through hands-on exploration

Develops confidence and curiosity about the world around them

Maximum number of students: 8

Animal Explorers (Miraimind)

Kinder 3-Grade 1

Children will step into the role of wildlife explorers, veterinarians, and animal protectors. They'll discover how animals grow, survive, communicate, and adapt to their environments—through imaginative play, sensory activities, movement, and creative building.

They will develop:

Understanding of life cycles

Vocabulary: metamorphosis, habitat, predator, nurture

Emotional intelligence through animal empathy

Fine motor skills (building nests, wings, eggs)

Visual Arts (By Hazel Lara)

For Kinder 3 - Grade 1

Arts class will focus on different painting techniques including mix media art, messy art painting, loose part painting, collages, nature art activities, and abstract-collaborative painting. Help kids build their confidence and creative voice through various opportunities to experiment with new techniques.

Maximum number of students: 15

<u>Puppetry & Storytelling</u> (By Miraimind)

For Kinder 3 - Grade 1

The Puppetry & Direction of Voice, movement, and performance. In each session, participants learn how to create and express characters through handmade puppets, short skits, and creative storytelling games. They'll experiment with different puppet types—such as sock puppets,



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shadow puppets, and paper finger puppets—using simple materials like paper, fabric, and craft sticks. Through fun prompts and guided scenes, children build confidence in speaking, expressing emotions, and working as a team. Projects include puppet-making workshops, performing mini puppet plays, and developing group stories with unique characters. The program supports language development, emotional expression, and imagination in a safe, supportive space. Participants learn storytelling structure—beginning, middle, end—while adding their own creative twists. No prior performance experience is needed—just enthusiasm and a love for stories. Materials are provided in class, and participants are encouraged to bring simple craft supplies from home for personalization. This is a joyful space for children to speak, create, and shine on their own little stage.

Maximum number of students: 12

Cheer Dance (By Maimu & Mion)

For Kinder 4 - Grade 6

CheerDance is a sport derived from cheerleading, and has been established as an independent sporting event in the United States, its home country.

CheerDance is a dance that was created for the purpose of "cheering people up. Through teamwork and smiles, cheerleaders nurture altruistic human qualities that allow them to feel the joy of giving others energy and courage.

CheerDance is also a great way for cheerleaders to acquire a high level of human skills such as cheerfulness, core strength, and flexibility, proving that cheerleading is an ideal place for human education.

Maximum number of students: 15

Musical Theatre (Miraimind)

Grade 1- Grade 3

A playful introduction to singing, acting, and movement where children bring stories to life through imagination. They learn to express emotions using voice and body, build confidence on stage, and perform simple musical scenes as a group. Every session is joyful, high-energy, and designed to spark creativity and confidence in young performers.

Coding (By Miraimind)

Kinder 5 - Grade 3

Little Coders Club introduces young learners to the exciting world of coding through creativity, play, and hands-on discovery. Using visual platforms like ScratchJr and Code.org, participants learn fundamental coding concepts such as sequencing, loops, and logic. The program combines digital activities with unplugged games to help children build confidence without needing to read or type fluently. Each session encourages exploration and



imagination, turning code into colorful animations and stories. Participants will design their own interactive storybooks, create digital greeting cards, and build simple games like "Catch the Star" or "Dance Party." The focus is on making learning fun and accessible, while introducing real problem-solving skills. Children learn how to test their ideas, fix bugs, and improve their creations. No prior experience is required—just a sense of curiosity and a willingness to try. Participants must bring their iPad or laptop to each session to work on their digital projects. This is the perfect foundational course to spark a love for technology and creativity early on.

Maximum number of students: 10

Karate (By T.Kawamoto, K. Akashi)

For Kinder 3- Grade 3

We would like international school students to learn Japanese courtesy, manners, greetings, respect for superiors, how to listen to others, etc. through ASP. We want people to experience karate in a fun way. We hope that learning karate at ASP will have a positive impact on our attitudes and lives at school. We will strictly instruct our students not to use karate for fighting or violence.

Maximum number of students: 15

Homework Club (A-JIS Teachers)

Grade 1 - Grade 6

Our Homework Club is more than just homework time, it's a calm, encouraging space where students can focus, ask questions, and feel confident in their learning.

<u>Guided Support</u>: Friendly staff are on hand to help with homework, offer guidance, and encourage good study habits.

<u>Engaging Activities</u>: On days without homework, students enjoy meaningful activities such as reading exercises or comprehension tasks.

Why It's Great: Students gain confidence, build strong study habits, and feel proud of their achievements, all in a positive, supportive environment.

We're excited to welcome your child to a space where learning feels enjoyable and rewarding!

*This is not a private tutoring club.

Maximum number of students: 24

Happy Sound (By Mitsuyo Takeda)

For Grade 2 - Grade 5

It's very important to get in touch with music when you're young. This class is a good opportunity to experience that music is fun. Students will participate in a wide range of musical experiences including performance in a Winter program, instruments, singing and listening to various styles of music.



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Ensemble (By Mitsuyo Takeda)

For Grade 4 - Grade 6

Those who have their own violin / cello or any, please bring it.

Maximum number of students: 8

About Mitsuyo Takeda

I studied music at Ueno Gakuen Uni. Tokyo, and Manchester City College, U.K. I received a diploma in popular music. I am a violinist with the Yokohama chamber music group. I am interested in teaching music to young people so I was teaching at the YAMAHA music school. I am conducting a rhythmic class for children now.

Cooking Around the World- Ai Collazo

Grade 5- Grade 9

Ms. Colette and Ms. Ai are happy to invite you to a trip around the world every Tuesday, where students can learn French while cooking simple dishes from around the world! Learning outcomes:

- 1. I can use and understand cooking procedures...IN FRENCH!
- 2. I can cook for myself and other people
- 3. I can appreciate and be open minded to learn more about other cultures through language and cuisine.
- 4. I can learn how to eat a balanced diet.

Every 3 classes, students will learn how to create simple dishes from one country or region. As. Mc. Col is from Mauritius and Ms. Ai studied in the Swiss-French alps, we will start with France! In the 4th session students will create a poster that reflects their outcomes and what they learn to learn more about next. The posters will be posted in the halls to inspire other students to be an open minded and wise risk taker who can embrace the ethnicities and cultures represented at our school and beyond..

Instructions will be in English and French, with support in Japanese language by Ms. Ai. Students will learn culinary terms in French - At Aoba, we do not yet provide any language classes other than Japanese and English so this is your chance to acquire a new language!

Maximum number of students: 12

Little Chefs - Ms. Nikki Kyeremateng/Ms. Ai Collazo

Kinder 5-Grade 4

Ms. Nikki Kyeremateng (G2) and Ms. Ai Collazo (G5), have been a cooking class teaching duo since 2023. Join them on an international culinary ride through easy, healthy, yummy bites from around the world! Our hands-on cooking classes are tailored to the needs of young learners. Our little chefs will not only learn dishes that they can recreate and serve their families at home, but will also learn to appreciate international cultures, geography, self help skills, table manners, and grow curious about the world beyond our school walls. If you like trying new things and want to become more international while having yummy fun, this is the ASP for you!





Street Dance (By Hiroshi Ohashi)

For Kinder 5 - Grade 6

This program focuses on helping students develop life skills through street dance culture based on the tenets below.

- •Raku 楽: Have Fun! Providing the right environment is key for DANCE to be fun. This starts with allowing students to express themselves freely and creatively in a safe classroom setting.
- •Shu 守: Respect the Basics. We respect the roots of dance culture by learning the basics. Students will develop a foundation in various street dance styles including Hip Hop, House, Popping and Locking.
- •Ha 破: Create and Breakthrough. We will cultivate creativity and individuality so that each student can choreograph their original dance and learn to freestyle based on previously learned movements.
- •Ri 離: Share the Culture. We encourage our students to share the history and art of street dance culture throughout the world.

Maximum Number of students: 15

About Hiroshi Ohashi

Hiroshi was born and raised in Shizuoka, where he started his dance career in high school after being influenced by hip hop music and culture. He then started to frequent club events and parties on the street scene and won his first house dance battle in 1999. In 2000, he moved to Tokyo and focused on performing and organizing events. Over the past ten years he has put his energy into teaching kids at the "Street Dreams" dance academy in Kamata. I am Hiroshi Ohashi, a street dance instructor. In this class, we will focus on hip-hop dance, rhythm training, basic steps, and combinations. In addition, we will also play dance tag and other games. Please come and dance with us.

Big Brain Thinkers (By Carol Akiyama & Jordan Rawls)

For Grade 1 - Grade 6

Come join this club where we play fun and exciting strategy games like Othello and Mancala! These games are not only fun to play with friends, but they also help you practice important thinking skills—like planning ahead, staying focused, and solving problems. These skills can help you do better in school, in sports, and even in everyday life. Everyone is welcome, no matter your level or experience. Let's have fun, learn together, and become smart thinkers through games!



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Creative Art (By Borrvs Ferrick)

For Kinder 3 - Grade 5

Creative adventures with colors, shapes, and textures! OR Get ready to dive into a world of fun with colors, shapes, and textures.

Maximum number of students: 10

Knitting Club (By Esther Yamada)

For Grade 4 - Grade 9

THREADS, LOOMS & CROCHET

Are you interested in using threads, wool and making craft or wearable items? In this club, learn how to make friendship bands, do finger knitting, and use looms and crochet hooks during our coldest months.

Knitting is hard, only for kids who are very dextrous, so only with kids who are interested and able.

Maximum Number of students: 12

Sing it your way, Enjoy Singing Club (By Sean Tait)

For Grade 3 - Grade 9

Do you love singing and want a chance to perform in front of others? Sing It Your Way! is a relaxed, student-led club for anyone who enjoys using their voice and wants to share songs in a casual setting. You don't need to be a perfect singer — you just need to want to sing.

Choose your own songs, use karaoke tracks, and perform solo or with friends. Support is there if you need it, but this club is for students who are happy to lead their own practice and performances.

Maximum Number of students: 8

Programming (By Miraimind)

For Grade 3 - Grade 9

G3-G6: Young Programmers Lab is where students begin their journey into real programming through fun, structured challenges. Using platforms like Scratch, Tynker, and Blockly, participants build games, animations, and interactive apps while learning essential coding logic. Concepts such as variables, conditionals, loops, events, and debugging are introduced in a clear, hands-on way. Participants must bring their iPad or laptop to build and test their projects each week. Every session offers a new theme-students may build a maze game, design an interactive comic strip, or develop a reaction time challenge. The program emphasizes creativity, experimentation, and building something uniquely their own. Participants learn to plan projects, fix errors, and explain how their programs work-skills that lay the foundation for future tech learning. No prior programming experience is required, though basic exposure to Scratch or logic games is helpful. The course encourages independent thinking while fostering teamwork through optional pair programming and





group challenges. It's an ideal next step for kids ready to move beyond simple games and into real problem-solving.

G6-G9: Real-World Programming Lab introduces students to text-based programming using real coding languages like Python, and optionally JavaScript, HTML/CSS, or micro:bit. This program is ideal for participants ready to move beyond block coding and explore how apps, games, and tools are built in the real world. Key concepts covered include data types, conditionals, loops, functions, and debugging techniques. Students will need to bring their laptop or iPad with keyboard to actively build and run their own code. Projects include creating a chatbot, building a math quiz app, designing a portfolio website, and automating a real-world task with micro:bit. The program builds confidence in solving complex problems, breaking ideas into steps, and iterating through feedback. It encourages students to work independently while supporting collaboration during brainstorming and peer review. No prior experience with text-based programming is needed, but comfort with logical thinking and typing is helpful. The course is an excellent launchpad for high school-level coding, robotics, or tech competitions. It is where young coders begin building real skills for real impact.

Origami Club (Kanako Rickets)

Grade 1-3

In the Origami Club, students will explore a variety of folding skills by creating items such as animals, flowers, bugs, and toys. We will begin with basic folding techniques and gradually progress to more advanced origami projects. Throughout the term, we will also celebrate seasonal events such as Setsubun, Valentine's Day, Hinamatsuri, and Children's Day by crafting themed origami items. This hands-on experience helps students develop concentration, fine motor skills, and creativity.

Maximum number of students: 10

Fun en Français (By Colette Bernon-Larose)

Grade 5- Grade 9

Join us for an exciting after-school adventure where learning French is all about fun! Through reading, writing, and illustrating poems, enjoying music, playing fun games, and exploring other creative activities, students experience the French language in a playful and engaging way. Our program encourages curiosity, confidence, and a love for learning, making every session a joyful experience. Children will discover that learning French can be as imaginative and rewarding as it is enjoyable.



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Chinese Lesson- Mia Bao

Grade 1- Grade 6

A playful introduction to singing, acting, and movement where children bring stories to life through imagination. They learn to express emotions using voice and body, build confidence on stage, and perform simple musical scenes as a group. Every session is joyful, high-energy, and designed to spark creativity and confidence in young performers.

Maximum number of students: 20

Spanish Fun-Isabella Queiroz

Grade 3 and above

Spanish Fun is an exciting after-school program where children learn the basics of the Spanish language through playful, interactive activities. Students will sing songs, play games, create simple crafts, and listen to engaging stories, all while learning new vocabulary and phrases. This class focuses on fun, conversational learning to build a positive association with Spanish and lay a foundation for future study. It's the perfect opportunity for kids to discover a new language and culture in a lively, low-pressure environment.

Maximum number of students: 10

Japanese as a Foreign Language (By Yukino Yoshikawa)

For Grade 1 - 9

If you're interested in learning Japanese, come join our Japanese ASP! Discover the beauty of the Japanese language through fun activities, games, and interactive lessons. Whether you're a complete beginner or already know some Japanese, you'll get the chance to practice speaking, writing, and reading in a relaxed and supportive environment. You'll learn useful expressions, explore Japanese culture, and even try out real-life conversation practice with your classmates! Let's enjoy learning together and grow your confidence in Japanese while having a great time!

Maximum number of students: 8

Reading Club for PYP

Grade 2- Grade 6

In this ASP, I am hoping that students will learn the wonders of reading— how magical and entertaining it can be. While we are together, along with the students, I will be reading aloud a book at a time with the students so that they can listen to English, and be able to visualize the situation illustrated in the book. As the students themselves will be reading it out loud to the rest of the members, it will be a chance for each of them to practice pronunciation as well as tone and speaking speed which is something that will be useful to know for presentations. I will be looking forward to meeting excited readers!



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Guitar Practice (By Hideo Takamizawa)

Grade 5 - Grade 9

Each student is to set their own short-term goals and long-term goals to achieve, and they could be specific pieces of music to play or specific skills required to play them. Join us if you would like to spend an hour every week enjoying practicing guitar with other guitar lovers. Guitar ASP would be suitable for beginners and intermediate-level students who genuinely enjoy practicing guitar.

Maximum Number of students: 6

Dungeons and Dragons

Grade 6- Grade 9

Students will take part in a Dungeons & Dragons adventure, creating their own characters and working together to overcome obstacles within a guided story. This activity encourages creativity, collaboration, and critical thinking while making learning fun and engaging.

Maximum Number of students: 8

MYP Band Grade 8 and 9

MYP Band is a way for students who wish to grow their skills as members of an ensemble or group. The teacher will teach them how to select music, practice their parts independently and in a group and polish their final product. They will work collaboratively with the other students to perform music as a group.

Maximum number of students: 6

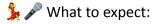
Performing Art (Nami Holderman)

For Grade 6 - Grade 9

Get ready to kick off your weekends with energy, creativity, and fun!

The Saturday Performing Arts Club (14:00-16:00) is your space to express yourself through dance, singing, and a little bit of acting—whether you're a seasoned performer or just curious to try something new.

Each week, you'll learn new choreography, explore your voice through popular songs, and build confidence on and off the stage. We'll work together toward mini-performances and build the foundation for future musicals and shows.



High-energy dance routines that challenge and excite

Vocal training to find your unique voice

A creative space to grow, collaborate, and shine

All middle school students are welcome—no experience needed. Come discover what you can do when you let your voice and movement tell the story!



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e-Sports (By FERRER, Jo Aris)

For Grade 5 - Grade 9

If your child already enjoys games, our after-school Esports Program provides structure, purpose, and a chance to grow through guided gameplay. Students will explore a variety of game genres—from strategy to sports to team-based challenges—while developing key skills such as:

Teamwork and communication

Problem solving and critical thinking

Strategic planning and adaptability

Digital citizenship and self-regulation

With coaching and reflection built into every session, students will gain confidence and learn to play responsibly.

Maximum Number of students: 10

Soccer / Futsal (By Nico Dhuez)

For Kinder 4 - Grade 6 / MYP Sports

Coach Nico will help soccer players improve through soccer training. Below are some of the skills the student athletes will learn.

Ball mastery - Learn how to manipulate and control the football. Build that relationship and be comfortable moving the ball on all surfaces.

Dribbling - Football is not played in straight lines, so learn how to turn your body at speed with and without the soccer ball.

Quick feet - Develop a quick reflex action with anticipation to make the ball do what you want at speed.

Requirements - At least 2x2m clear space and a football.

Maximum Number of students: 30 each day

Mr. Nico Dhuez - Football coach

Mr. Nico is fluent in French, English and Japanese as well as being certified in the following: by UEFA (B Licence), DEF (French Diploma delivered by the French Federation of Football), Coerver Youth Certificate, JFA Diploma Level D and JFA Referee Diploma Level 4. Nico has been coaching in Japan at A-JIS (U6-17 since 2014) and FC Nomade (U6-15 since 2013) having previously coached U6-U17 at FC Chiyoda (3 years) and U6/8-U12 at Lycée Français International, Tokyo (8 years), Brighton FC UK (2 years) and RC Paris (3 years). Nico's football career included playing for FC Metz and FC Paris in France and Brighton FC in England. Notably, his first professional contract in football was at the age of fourteen.





Basketball (By Theo Blondy)

For Grade 4 - 6 / MYP Sports

Students will be taught the fundamentals of the game of basketball, including individual and team-based skills. Students will get that chance to put those skills in action as they partake in competitive games against other schools. Through the medium of basketball, we can learn valuable lessons such as commitment, dedication, discipline, loyalty, teamwork, goal setting and hard work. Players will be challenged to work through adversity by putting forth their best effort. The lessons learned by giving their best on the basketball court translate directly into being successful and happy people off the court as they continue to move forward throughout their lives.

Maximum Number of students: PYP and MYP, 20 each

ACES (Aoba Community English School) By Aris Ferrer

There are three different ways of learning English this term.

#1, Situational functional learning (Kana),

#2, Learn by singing English songs(Nami),

#3, Conversation based learning(Aris).

Learn English the way you prefer to learn it and use it the way you want to use it!

Minimum Number of students 10

ACJS (Aoba Community Japanese School) By Yukino Yoshikawa

Do you think Japanese is difficult? Let's learn useful Japanese from daily conversation to business!

Minimum Number of students: 10

Complete the online ASP 2025 Semester 1 Sign-Up form. サインアップフォームに記入して送ってください。

2nd Semester ASP Registration Form LINK

Ken Koshibe - ASP Activities Coordinator

ASP コーディネーター 越部 健

E-mail: extension.programs@aobajapan.jp